

Name\ Eman Abd El Fatah Mohamed El Hosary

Personal Information:



Date of Birth : 9/4/1979

Place of Birth: kafr ELsheikh

Marital Status: Married

Nationality : Egyptian

Address : Sidi salim _ Kafr Elshiekh

Telephone : 01276754277

Email : Emanabdelfatah123@yahoo.com

Education:

Year	Degree	Department, Faculty, and University	Grade
2000	Bachelor Degree in Physical Therapy	Faculty of physical therapy, Cairo University.	Very good with Honor
2007	Master Degree in Physical Therapy	Department of Physical Therapy for Woman Health, Faculty of Physical Therapy, Cairo University.	Very good
2013	Doctor of Philosophy in Physical Therapy	Department of Physical Therapy for Woman Health, Faculty of Physical Therapy, Cairo University.	Very good

Licensure:

1. Egyptian professional license, Practitioner Physical Therapist (2000).

Work Experiences:

From	To	Job	Job description
2000	2022	Physical therapist	Working as part-timer in many private clinics for physical therapy.

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2021	2022	Member of the Faculty council for post-Graduate Studies.	Attend sessions, active contribution to decisions.
2016	2018	Member of faculty council for students' affairs	Attend sessions, active contribution to decisions.
2018	2020	Member of the Quality Assurance and Accreditation Unit	<ul style="list-style-type: none"> - Coordination of faculty members - Strategic planning for faculty of physical therapy - Member in faculty self-study report
2013	Till now	Head of the women health clinic, faculty of physical therapy, Kafr El sheikh University	<ul style="list-style-type: none"> - Provides health care services - Lab. Maintenance - Colleague training
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2019	Till now	Head of department of woman health, faculty of physical therapy Kafr El Elsheikh University.	Monitor, lead, train, and manage staff.
2020	2021	Head of Ethical committee, kafr Elsheikh University	<ul style="list-style-type: none"> - Ethical committee in physical therapy field
2021	Till now	Vice Dean for Students" Affairs, Faculty of Physical Therapy, kafr Elsheikh University	<ul style="list-style-type: none"> - Mentoring teaching process includes teaching planes, schedules. - Supervise teaching procedure - Solve students' problems. - Mentoring students' exams, and its commitments.

Professional Affiliations:

From	To	Job	Job description
2000	2001	Internship Kasr Alaini Teaching, Egypt	Perform routine physical therapy treatments according to patient treatment plans under the direction of a licensed physical therapist.
2002	2007	Demonstrator (Instructor) Departments of Physical Therapy for woman health, Faculty of Physical Therapy, Cairo University.	<ul style="list-style-type: none"> - Preparing and presenting physical therapy lectures and demonstrations in sections for under -graduate students. - Supervisor of students practical training at Cairo University Hospitals. - Presenting practical parts for students.

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			<ul style="list-style-type: none"> - Participating in many students' activities.
2007	2012	<p>Assistant lecturer Departments of Physical Therapy for woman health, Faculty of Physical Therapy, Cairo University</p>	<ul style="list-style-type: none"> - Preparing and presenting physical therapy lectures in sections for under-graduate students. - Supervisor of students practical training at Cairo University Hospitals. - Presenting practical workshops for students. - Evaluating the students both theoretically and practically. - Participating in many students' activities.
2013		<p>Lecturer Departments of Physical Therapy for woman health, Faculty of Physical Therapy, Cairo University</p>	<ul style="list-style-type: none"> - Preparing and presenting physical therapy lectures for both under- and post-graduate students. - Supervisor of students practical training at Cairo University Hospitals - Presenting practical workshops for students.
2013	2018	<p>Lecturer Departments of Physical Therapy for woman health, Faculty of Physical Therapy, Kafr el sheikh University</p>	<ul style="list-style-type: none"> - Evaluating the students both theoretically and practically. - Formulating and correcting exam. - Other Faculty Commitments. - Other administrative work in the faculty.
2018	Till now	<p>Assistant professor Departments of Physical Therapy for Woman health, Faculty of Physical Therapy, Kafr el sheikh University</p>	<ul style="list-style-type: none"> - Preparing and presenting physical therapy lectures for both under- and post-graduate students. - Mentoring of students practical training at Kafr El sheikh University Hospitals - Presenting practical workshops for students. Critical analysis of publications and thesis. - Evaluating the students both theoretically and practically. - Formulating and correcting exams.

2021	Till now	Assistant professor and vice dean for students' affairs in Faculty of Physical Therapy, Egyptian Kafr elsheikh University.	<ul style="list-style-type: none"> - Preparing and presenting physical therapy lectures for different course for under- graduate students. - Presenting practical workshops for students. Evaluating the students both theoretically and practically. - Formulating and correcting exams. - Mentoring teaching process includes teaching planes, schedules. - Supervise teaching procedure - Solve students' problems. - Mentoring students' exams, and its commitments.
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Courses & Teaching Skills:

Faculty and leadership development center (FLDC), Cairo University	
Title	Year
Communication skills.	14-16/8/2006
Thinking skills.	21-23/8/2006
Using technology in teaching.	28-30/8/2006
New era in teaching.	4-6/9/2006
Ethics of scientific research	12-14/1/2009
Scientific Publication	11-5/5/2009
Conference organization	29-31/3/2009
Meeting and managing time	12-14/12/2011
Examination techniques & student evaluation	24-26/4/2012
Effective presentation skills	20-22/5/2012
End note	1-16/9/2013
Preparing competitive research projects course	17-19/11/2015
University management	28-29/9/2016
Data base 2010	16-18/5/2016
International scientific publishing	2016/11/3-2
Self evaluation for H.E. institutes	8-10/11/2016
Managing research teams	2019

Legal and financial aspects in university environment	2021
University code of ethics	2021/12/28-27
Digital transformation(mobil &network)	

Conferences

Conferences:

25-26/4/2013	Fourteenth international scientific conference, Faculty of physical therapy, Cairo university, under title of: physical therapy the future of treatment.
29/6/2013	New era of physical therapy in low back pain in Kafr elsheikh physical therapy syndicate
6-7/3/2014	Fifteenth international scientific conference, Faculty of physical therapy, Cairo university, under title of “manual therapy & technology in physical therapy”
6-8/11/2014	The 2 nd forum OB/Gyn. Gynae Club, Alexandria, Egypt
17-18/12/2014	The 12 th annual congress of medical sciences under title of (medical breakthrough technologies towards a healthy community)
20/2/2015	Kafr elsheikh scientific society under title Infertility
5-6/3/2015	16 th international scientific conference, Faculty of physical therapy, Cairo university, under title of “ No More Disability ”

10-11/3/2016	Seventh international scientific conference, Faculty of physical therapy, Cairo university under title of "Empowering Disability"
23-24/3/2016	2 nd international Conference of Arab Society of therapeutic nutrition and complementary medicine under title 'integrated approach of obesity management and aesthetic medicine
31 March, 1 April, 2016	Women's health and nutrition, Alexandria regional center for women's health and development
20-21/4/2016	1 st Scientific Conference , faculty of physical therapy under title 'New area in therapeutic modalities'
7-8 th /10/ 2016	2 nd scientific conference of Alexandria physical therapy syndicate under title of the new trend in physical therapy & Rehabilitation
28/10 & 4/11/2016	Reaya physical therapy center under title "Challenges in Stroke Management
16-17/3/2017	18 th international scientific conference, Faculty of physical therapy, Cairo university under title of "innovative physical therapy and rehabilitation
15-16/11/2018	Systematic review and meta analysis
4-4-2019	Integrated manual therapy for cervical spine
11-12-2020	No more disability with physical therapy & rehabilitation

Publications:

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Peer-reviewed Research

Title	Year	Journal	Country
Effect of Aerobic Exercise Versus Foot Reflexology on Postmenopausal Depression	2015	Clinical & Experimental Obstetrics and gynecology. Gynecol. - ISSN: 0390-6663 XLIV, n. 5, 2017	<u>Canada</u>
Efficacy of kinesiotap on functional disability of women with post natal back pain: A randomized controlled trial	2017	Journal of back and musculoskeletal rehabilitation	North America
Effect of aerobic exercises versus laser acupuncture in treatment of postmenopausal hot flushes: A Randomized controlled trial	2013	Journal of physiotherapy science	<u>China</u>
Efficacy of pulsed electromagnetic wave versus low level laser therapy in treatment of primary dysmenorrhea	2017	Bulletin of faculty of physical therapy	<u>Egypt</u>
Effect of laser acupuncture with mitchells simple physiological relaxation technique in alleviating premenstrual tension	2015	The advanced science journal published	<u>India</u>
Effect of light therapy on episiotomy in postpartum women	2016	International Journal of Therapies and Rehabilitation Research	<u>India</u>
Effect of obesity on balance control in adolescent females	2017	Journal of Advances in Medicine and Medical Research	<u>India</u>
Effect of therapeutic exercises augmented by kinesiotap in treatment of scoliosis in adolescent females	2017	<u>16th international scientific conference, faculty of physical therapy, cairo university</u>	<u>Egypt</u>

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Validity and reliability of the Arabic version of the Back Pain Function Scale in patients with low back pain	<u>2020</u>	Egy. J. Phys. Ther	<u>Egypt</u>
<u>Impact of PEMF in treatment of pelvic inflammatory disease</u>	2018	<u>Polish J of physical therapy</u>	
Assessment of Balance in Pregnant Women Suffering from Mechanical Low Back Pain	2019	World Journal of Medical Sciences.	<u>India</u>
Efficacy of kinesio tape on neck pain and functional disability in pregnant women: a randomized controlled trial	<u>2021</u>	Clinical and Experimental Obstetrics & Gynecology. 2021 Feb 15;48(1):175-8.	<u>Canada</u>
Impact of pulsed electromagnetic field on mixed incontinence in parous women a prospective randomized study	<u>2022</u>	Clinical and Experimental Obstetrics & Gynecology. 2022, 49(4): 91	<u>Canada</u>
Effect of Antenatal Pelvic Floor Muscle Exercise on Mode of Delivery: A Randomized	2018	Integrative Medicine International	<u>Shanghi</u>
Effect of monopolar capacitive resistive radiofrequency in treating stress urinary incontinence: A pilot randomized control trial	2023	Front. Psychol., 05 January 2023 Sec. Health Psychology	
Covid 19 Vaccine And Menstrual Symptoms In Egyptian Adolescent Female Cross Sectional Study	2023	Journal of Pharmaceutical Negative Results	
Effect of dextrose phonophoresis versus pulsed electromagnetic field on temporomandibular dysfunction: A randomized, controlled study	2021	J Bodyw Mov Ther., . 2021 Apr;26:347-352.	
Does adding extracorporeal shock wave therapy to postural correction exercises improve pain and functional disability in postpartum sacroiliac	2021	SPORT TK-EuroAmerican Journal of Sport Sciences, 10(2):247-257	

joint pain? A randomized controlled trial			
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Presentations:

Site	Type (Poster, Oral presentation)	Year	Country
General administration physical therapy health care under title of (role of physical therapy in women health) “Kafr elsheikh general hospital”. (4/10/2017)	Oral presentation	2017	Egypt
Speaker in work shop in kafr elsheikh university under title of (role of physical therapy in postmenopausal osteoporosis	Oral presentation	2018	Egypt
18th international scientific conference of faculty of physical therapy, Cairo University.(accepted paper)	Poster	2018	Egypt

Books

Communication skills for physical therapy students- (publishing, 2015)

Practical exercise in the field of women health (publishing, 2016)-

-Effect of dry cupping in women health (LAMBERT Academic publishing, 2017).

Update in communication skills 2022

Skills:

Language Skills: Arabic: Mother language

Name : Eman Abd El fatah El hosary

English: Very Good

Computer Skills:

Mastering Microsoft office (Word, Power Point), SPSS and other software

Work shop in manual therapy by Camber Kaper

Work shop in Kinesio taping in women health

Diploma of nutrien Ein shams university