Mohammad A. Aboul-ata, PhD
Professor of Clinical Psychology – Researcher & Licensed Psychotherapist
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Professional Summary

Clinical psychologist and full professor with over 20 years of academic, clinical, and research experience. Specialized in personality disorders, psychometrics, and evidence-based psychotherapy. Published in international peer-reviewed journals, contributed to WHO field studies, and translated/adapted several psychological tools. Licensed by the Egyptian Ministry of Health as a practicing psychotherapist.

Education

- **PhD in Clinical Psychology**, Fayoum University, Egypt, 2012
- **MA in Psychology**, University of Tanta, Egypt, 2006
- **Postgraduate Diploma in Psychology**, University of Tanta, Egypt, 2003
- **BA in Psychology**, Kafrelsheikh University, Egypt, 2002

Academic Positions

- **2026 to present:** Full Professor, and Head of the Department of Psychology, Kafrelsheikh University
- **2023–2025**: Full Professor, Department of Psychology, Kafrelsheikh University
- **2018–2023**: Associate Professor, Department of Psychology, Kafrelsheikh University
- **2016–2018**: Assistant Professor, Kafrelsheikh University
- **2012–2016**: Assistant Professor, Fayoum University
- **2008–2012**: Teaching Assistant, Fayoum University
- **2004–2006**: Part-time Lecturer, University of Tanta
- **2002**-2004: Psychologist at Abu El Azyem Hospital.

Research Interests

- Personality disorders (alternative DSM-5 model)
- Psychometrics and psychological measurement
- ADHD: assessment, prevalence, and comorbidity
- Health psychology and health-related behaviors
- Schizophrenia and cognitive assessment

Selected International Peer-Reviewed Publications

1. Aboul-Ata, M. A., & Amin, F. A. (2018). The prevalence of ADHD in Fayoum City among school-age children. *Journal of Attention Disorders*, 22(2), 127–133.
2. Aboul-ata, M. A., & Qonsua, F. (2021). Validity, reliability, and structure of the PID-5 among Egyptian college students. *Personality and Mental Health*, 15(2), 100–112.
3. Aboul-Ata, M. A., & Qonsua, F. T. (2022). The 5-factor model of psychological response to COVID-19. *Current Psychology*, 41(1), 516–528.
4. Aboul-Ata, M. A., Qonsua, F. T., & Saadi, I. A. (2023). Personality pathology and suicide risk. *Psychological Reports*.

Clinical & Psychotherapy Experience

Licensed Psychotherapist – Egyptian Ministry of Health

- **2002–2004**: Clinical Psychologist, Abu El Azayem Psychiatric Hospital
- **2021–2022**: Trainee Psychologist, Tanta Mental Health Hospital
- **2021–2024**: Clinical Psychologist, Psychiatric Hospital Baltim
- **2023–Present**: Clinical Psychologist, Psychological Counseling Center, Kafrelsheikh University

Services provided:

- Individual & group psychotherapy (CBT)
- Psychological assessments & diagnostics
- Psychoeducation & collaboration with multidisciplinary teams

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Teaching Experience

In Arabic:

- Clinical Psychology, Forensic Psychology, Psychometrics, Research Methods, Personality Theories, Statistics (SPSS & R)
  In English:
- Psychology for Pharmacists, Women's Mental Health, Child Psychology, Psychology of Disability

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Courses & Professional Training

- CBT for Depression, Anxiety, Personality Disorders, and OCD
- Professional Ethics in Psychotherapy
- Psychometrics & Measurement: PANSS, BDI-2, CRDPSS, MINI
- Software: SPSS, AMOS, Mplus, R, Articulate Storyline

Academic Contributions

- Developer of multiple psychometric tools (A-ADHD-RS, Working Memory Battery)
- Translator & cultural adapter for international tools (BDI-2, PID-5, PANSS)
- Member, Cultural Relations & Postgraduate Committees
- Coordinator, Clinical Psychology Program (since 2020)

International Engagement & Memberships

- WHO ICD-11 Field Studies (multiple disorders)
- Reviewer: *Psychological Reports*, *Assessment*, *Child Psychiatry & Human Development*, *Current Psychology*
- Member: American Psychological Association (APA), Global Clinical Practice Network (GCPN)

Languages

- Arabic: Native
- English: Fluent
- German: Beginner (currently learning)

Awards

- Kafrelsheikh University Awards for International Publications: 2018, 2021, 2022

Full list of publications and academic duties available upon request.