

## Mohammad A. Aboul-ata, PhD

*professor of clinical psychology*

**Kafrelsheikh University**

**Kafr-El-Sheikh, Egypt**

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### Education

2012	PhD in Clinical Psychology, Fayoum University, Fayoum, Egypt.
2006	MA. in Psychology, University of Tanta, Tanta, Egypt.
2003	Postgraduate Diploma in Psychology, University of Tanta, Tanta, Egypt.
2002	BA. Psychology, Kafrelsheikh University, Kafrelsheikh, Egypt.

### Career History

2023 - present	<b>Full Professor</b> of Clinical Psychology, Department of Psychology, Faculty of Arts, <b>Kafrelsheikh University</b> .
2018 - 2023	<b>Associate Professor</b> of Clinical Psychology, Department of Psychology, Faculty of Arts, <b>Kafrelsheikh University</b> .
2016 - 2018	<b>Assistant Professor</b> of Clinical Psychology, Department of Psychology, Faculty of Arts, <b>Kafrelsheikh University</b> .
2012- 2016	<b>Assistant Professor</b> of Clinical Psychology, Department of Psychology, Faculty of Arts, <b>Fayoum University</b> .
2008 - 2012	<b>Teaching Assistant</b> at the Department of Psychology, Fayoum University.
2004 - 2006	<b>Scholarship Student</b> & Part-time Demonstrator at the Department of Psychology, University of Tanta.
2002 - 2004	<b>Clinical Psychologist</b> (Resident) at the Department of Pediatrics at Abou El Azayem Psychiatric Hospital

### International Publications

- Aboul-Ata, M. A., & Amin, F. A. (2018). The prevalence of ADHD in Fayoum City (Egypt) among school-age children: depending on a DSM-5-based rating scale. *Journal of attention disorders*, 22(2), 127-133.
- Aboul-ata, M. A., & Qonsua, F. (2021). Validity, reliability and hierarchical structure of the PID-5 among Egyptian college students: Using exploratory structural equation modelling. *Personality and Mental Health*, 15(2), 100-112.
- Aboul-Ata, M. A., & Qonsua, F. T. (2022). The 5-factor model of psychological response to COVID-19: Its correlation with anxiety and depression. *Current Psychology*, 41(1), 516-528.
- Aboul-Ata, M. A., Qonsua, F. T., & Saadi, I. A. (2023). Personality pathology and suicide risk: examining the relationship between DSM-5 alternative model traits and suicidal ideation and behavior in college-aged individuals. *Psychological reports*, 00332941231218940.

### **Local Publications (Egypt)**

- Aboul-ata, M. A (2015). The Confirmatory Factor Analysis of the modified Egyptian version of the Severity Measure for Depression-Adult, Section-III-DSM-5 (SMD-A) in a Sample of a University Students. Journal of faculty of Arts, October. Benha University.
- Aboul-ata, M. A& Abdelmeged, S. K (2016). Examine the psychometric properties of the Beck Depression Inventory (BDI-second edition) on a sample of university students (Fayoum), Journal of faculty of Arts, 13, October. Fayoum University.
- Aboul-ata, M. A & said, M. I (2016). Investigating Validity, Reliability, and Diagnostic accuracy of the Positive and Negative Syndrome Scale (PANSS) on an Egyptian Sample (The full version of the scale) Journal of faculty of Arts, 13, October. Fayoum University.
- Aboul-ata, M. A (2016). Early development and home environment problems as risk factors predict the attention deficit/hyperactivity disorder in school-age children. Annals of psychological research center, faculty of arts, Cairo University (in press).
- Aboul-ata, M. A (2017). Psychometric Properties of the Clinician-Rated Dimension of Psychosis Symptom Severity in Patients with schizophrenia. Egyptian Journal of psychological Studies, 96 (27), 1-17.
- Aboul-ata, M. A. (2023). Exploring the variables of the hierarchical structure of the alternative model of personality disorders as risk factors for both suicidal ideation and behavior. Journal of Human and Literary Studies, 28(1), 917-951.
- Aboul-ata, M. A. (2023). The prevalence and risk of suicide among a sample of university students with attention deficit hyperactivity disorder. Egyptian Journal of Psychological Studies, 33(120), 263-306.

### **International Participation**

Participated in several internet-based field studies for ICD- 11 Mental and Behavioral Disorders, World Health Organization (WHO):

1. Relationship problems and maltreatment in Children.
2. Mood Disorders.
3. Relationship problems and maltreatment.
4. Disruptive Behavior and Dissocial Disorders.
5. Rating Scales for Symptom Qualifiers for (ICD-11) Schizophrenia and Other Primary Psychotic Disorders.
6. Bodily Distress Disorders
7. Disorders Due to Addictive Behaviors and Impulse Control Disorders
8. Dissociative Disorders

Reviewing International Research at the following journals:

- Psychological Reports.
- Assessment.
- Child Psychiatry & Human Development.
- Current psychology.

### **Conferences**

- The Fourth Annual Regional Conference on Integrative Psychiatry: Neurobiological Foundations of Psychological Rehabilitation, Dr. Jamal Madi Abul-Azaim Hospital (1 April

2017).

- The 21st Annual Conference of the Egyptian Association for Mental Health "Addiction and Suicide" 4-5 December 2019
- The 4th Annual Armed Forces Psychiatry Conference: Psychiatry in Egypt, Strengths, and Opportunities (5-7 April 2017).
- The 1st Annual Armed Forces Addiction Conference: recent trends in addiction treatment and prevention (25-26 Dec 2019).
- The 7th Annual Psychiatry Conference of Armed Forces: Patient-Centered Care, Cairo from 18-19 November 2021. Attendance.

### **Psychology Related Software**

- Statistical Package for Social Sciences (**SPSS**).
- Structure Equation Modeling (**AMOS**).
- **Mplus** for structural equation modeling.
- **R** programming language.
- Articulate storyline (e-courses production).

### **Courses I attended at the Faculty and Leadership Development Project**

- Effective presentation
- Financial and legal domains in Egyptian universities.
- Quality standards in academic teaching.
- Communication skills in academic teaching.
- Ethical standards in scientific research.
- Scientific publication.
- Credit Hours.
- Competitive Research Projects (December 2017)
- Information Systems and Technology "Excel"(February 2018)
- Information Systems and Technology "Word" (February 2018)
- professional ethics (April 2018)
- University Administration (May 2018)

### **Eligible courses I attended for licensing the profession of psychotherapy (Egypt)**

- Ethics of practicing the profession of psychotherapy, the Egyptian Association of Psychotherapists, from 5-7/8/2020.
- Cognitive-behavioral therapy for post-traumatic stress disorder, the Egyptian Association of Psychologists, from 6-9/12/2020.
- Cognitive-behavioral therapy for anxiety and social phobia, Egyptian Association of Psychologists, from 10 to 13/1/2021
- Multidimensional Cognitive-Behavioral Therapy for Substance Abuse Dependence, Egyptian Association of Psychotherapists, from 5-10/3/2021.
- Cognitive-Behavioral Therapy for Personality Disorders, Center for Psychological Research and Studies, Cairo University from 4-7/4/2021.
- Cognitive-Behavioral Therapy for Obsessive-Compulsive Disorder, Center for Psychological Research and Studies, Cairo University from 17-29/4/2021

### **Measurement and evaluation courses I attended.**

- Preparing electronic tests according to the specification table, Student Measurement and Evaluation Center, Helwan University from 18 to 19 January 2021.
- Learning Management System and self-production of electronic courses, the Supreme Council of Universities, and the National Committee for UNESCO, 4/4/2021.

### **University Awards**

- (1) Kafrelsheikh university awarding (2022) for scientific publication of the article entitled " The 5-factor model of psychological response to COVID-19: its correlation with anxiety and depression".
- (2) Kafrelsheikh university awarding (2021) for scientific publication of the article entitled "Validity, reliability and hierarchical structure of the PID-5 among Egyptian college students: Using exploratory structural equation modelling".
- (3) Kafrelsheikh university awarding (2018) for scientific publication of the article entitled " The prevalence of ADHD in Fayoum City (Egypt) among school-age children: depending on a DSM-5-based rating scale".

### **Practical Experience**

2002 - 2004	Practicing Assessment (cognitive, personality, psychopathology) and psychotherapy (CBT) for many patients at Abou El Azayem Psychiatric Hospital, Al Ayate, Egypt.
2004 – 2015	Supervising undergraduate Clinical Psychology programs at number of Egyptian Psychiatric hospitals.
2015 - Present	Supervising several Postgraduate Students (Diploma, MA, and PhD Degrees).

### **Research Interests**

- ADHD (assessment, risk factors, prevalence, incidence, and co-morbidity).
- Schizophrenia (cognitive and symptoms assessment).
- Personality pathology (the alternative model of PDs).
- Psychometrics.
- Health-related behaviors (Health Psychology)

### **International Membership**

2011	Membership at The American Psychological Association (APA).
2015	Membership at The Global Clinical Practice Network (GCPN).

### **Teaching courses in Arabic language**

- Clinical Psychology (undergraduate and postgraduate).
- Forensic Psychology- civil and criminal domains (undergraduate and postgraduate).
- Psychometrics (undergraduate and postgraduate).
- Research Methods in Psychology (undergraduate and postgraduate).
- Theories of Personality (undergraduate).
- Statistics in Psychology (using SPSS and R programming language), (undergraduate and postgraduate).

### **Teaching courses in English Language**

- Psychology of Handicapped People (Undergraduate-Physiotherapy college).

- Psychology for Pharmacists (Undergraduate -Pharmacy college).
- Women's Mental Health Across Life Span (Postgraduate - Physiotherapy college).
- Child Psychology (Postgraduate - Physiotherapy college).

### **Development, Translation, Cultural Adaptation, and Psychometric Evaluation for Psychological Measurements:**

- Aboul-ata ADHD Rating Scale (A-ADHD-RS), (Developing the Measurement Based on DSM-5 Diagnostic Criteria).
- Working Memory Battery (developing based on Baddeley and Hitch's (1974) Model).
- Positive and Negative Syndrome Scale for Schizophrenia (PANSS), (Translation and Cultural Adaptation).
- Beck Depression Inventory-2 (BDI-2), (translation and cultural adaptation)
- Clinician-Rated Dimensions of Psychosis Symptom Severity (CRDPSS), (translation, culture adaptation).
- MINI INTERNATIONAL NEUROPSYCHIATRIC INTERVIEW – screening tool (translation and cultural adaptation)
- The Personality Inventory for DSM-5 (PID-5). (Translation and cultural adaptation)
- COVID-19 Psychological Response Questionnaire (CPRQ). (Developing)

### **Administrative duties and committee membership**

- Member of the Cultural Relations Committee, Faculty of Arts, Kafrelsheikh University 2021-2022
- Member of the Postgraduate Studies and Research Committee, Faculty of Arts, Kafrelsheikh University 2022-2023
- Coordinator of the Clinical Psychology Program, Faculty of Arts, Kafrelsheikh University, 2020.
- Chairman of the Databases and Media Management Committee in the Psychology Program, Faculty of Arts, Kafrelsheikh University, approved by the National Authority for Education Quality Assurance and Accreditation, March / 2022

### **Participate in reviewing and preparing academic regulations locally and regionally**

- Participation in preparing a complete academic regulation and opening a clinical psychology program with the credit hour system, Department of Psychology, Faculty of Arts, Kafrelsheikh University. Which was approved by the sector committee and a ministerial decision was issued, and it has been implemented since the academic year (2019/2020).
- Participation in amending the regulations of the Faculty of Arts for the undergraduate level, Kafrelsheikh University 2019/2020.
- Participation in the preparation of the regulation of clinical psychology diploma (postgraduate studies) with the credit hour system, Department of Psychology, Faculty of Arts, Kafrelsheikh University. Which was approved by the sector committee and a ministerial decision was issued.
- Reviewing the academic regulation of the Psychology Diploma Program (Psychological Measurements), Kingdom of Saudi Arabia, University of Jeddah, Deanship of Postgraduate Studies (2022).
- Reviewing the academic regulation of the Diploma Program in Psychology (Criminal Behavior), Kingdom of Saudi Arabia, University of Jeddah, Deanship of Postgraduate Studies (2022).



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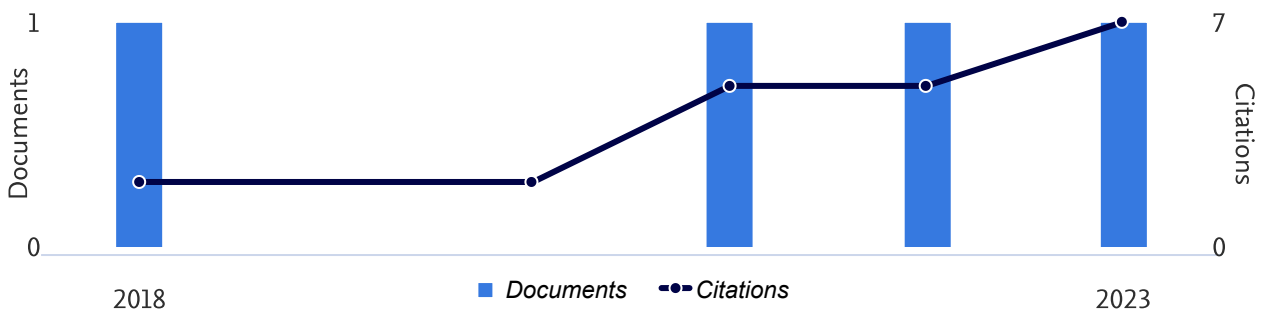
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Aboul-ata, M.A., Qonsua, F.T., Saadi, I.A.A.

*Psychological Reports*, 2023

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## The 5-factor model of psychological response to COVID-19: its correlation with anxiety and depression

Aboul-ata, M.A., Qonsua, F.T.

*Current Psychology*, 2022, 41(1), pp. 516–528

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Article

## Validity, reliability and hierarchical structure of the PID-5 among Egyptian college students: Using exploratory structural equation modelling

Aboul-ata, M., Qonsua, F.

*Personality and Mental Health*, 2021, 15(2), pp. 100–112

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Article

## The Prevalence of ADHD in Fayoum City (Egypt) Among School-Age Children: Depending on a DSM-5-Based Rating Scale

Aboul-ata, M.A., Amin, F.A.

*Journal of Attention Disorders*, 2018, 22(2), pp. 127–133

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<a href="#">Validity, reliability and hierarchical structure of the PID-5 among Egyptian college students: Using exploratory structural equation modelling</a> M Aboul-ata, F Qonsua Personality and Mental Health	9	2021
<a href="#">The 5-factor model of psychological response to COVID-19: its correlation with anxiety and depression</a> MA Aboul-Ata, FT Qonsua Current Psychology, 1-13	5	2022
<a href="#">استكشاف متغيرات البناء الهرمي للنموذج البديل لاضطرابات الشخصية كعوامل خطورة لكل من التفكير والسلوك الانتحاري</a> محمد أبو العطا مجلة الدراسات الانسانية والأدبية 28 (1), 917-951		2023
<a href="#">Personality Pathology and Suicide Risk: Examining the Relationship Between DSM-5 Alternative Model Traits and Suicidal Ideation and Behavior in College-Aged Individuals</a> IAAS Mohammad A. Aboul-ata, Faten T. Qonsua Psychological Reports		2023
<a href="#">انتشار الانتحار وخطورته لدى عينة من طلاب الجامعة ذوي اضطراب نقص الانتباه وفرط الحركة</a> محمد أحمد أبو العطا المجلة المصرية للدراسات النفسية 33 (120), 263-306		2023
<a href="#">أنماط إساءة المعاملة أثناء الطفولة كعوامل خطورة منبئة باضطراب نقص الانتباه وفرط الحركة في البلوغ: دراسة مبنية على استدعاء خبرات الطفولة</a> محمد أبو العطا, محمد نجيب دراسات عربية في علم النفس 19 (العدد الثاني), 435-477		2020
<a href="#">أنماط الإساءة الوالدية في الطفولة كعوامل خطورة منبئة باضطرابات الشخصية في مرحلة المراهقة وفقاً للنموذج البديل</a> أبو العطا, محمد أحمد حسنين, عيد, محمد نجيب مجلة الدراسات الانسانية والأدبية 1 (19), 118-147		2019
<a href="#">النموذج البديل لاضطرابات الشخصية كمنبئ باضطراب نقص الانتباه و فرط الحركة لدى المراهقين</a> محمد أبو العطا, يماني شهاب دراسات عربية في علم النفس 4 (18), 741-790		2019
<a href="#">Psychometric properties of the Clinician-Rated Dimension of Psychosis Symptom Severity (CRDPSS) in patients with schizophrenia</a> MA Aboul-ata		2017



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فحص الخصائص السيكومترية لمقياس بيك للاكتئاب (الإصدار الثاني) على عينة من طلاب الجامعة محمد أبو العطا, سمية قاسم مجلة كلية الآداب جامعة الفيوم 8 (13), 701-671		2016
فحص الصدق و الثبات و دقة التشخيص لمقياس الأعراض الموجبة و السالبة للفصام على عينة مصرية (الصورة الكاملة للمقياس) محمد أبو العطا, مروة إسماعيل مجلة كلية الآداب جامعة الفيوم 8 (13), 805-780		2016
مشكلات النمو المبكر و البيئة المنزلية كعوامل خطورة منبئة باضطراب نقص الانتباه و فرط الحركة لدى أطفال المرحلة الابتدائية محمد أبو العطا حوليات مركز البحوث والدراسات النفسية 12 (8), 42-1		2016



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